

# VIRTUAL EXPLORE CAVAN CHALLENGE

HOW MANY TOWNS OR HILLS CAN YOU EXPLORE OVER 5 WEEKS?

School Name: \_\_\_\_\_

Pupil's Name: \_\_\_\_\_

Class: \_\_\_\_\_

Towns		Tick ✓	Mountain/Hill		Tick ✓
Butlersbridge	7km		Aghalion Hill	49m	
Ballyhaise	7.5km		Shantemon	218m	
Ballinagh	9km		Bruse Hill	260m	
Belturbet	16km		Tievenanass	298m	
Killnaleck	16km		Taghart South	298m	
Killeshandra	17km		Slieve Glah	320m	
Ballyjamesduff	18.5km		Cornasaus	339m	
Arvagh	20km		Slieve Rushen	404m	
Cootehill	23km		Bartony Top	411m	
Ballyconnell	25km		Benbeg	538m	
Virginia	29km		Benbrack	582m	
Lough Gowna	30km		Cuilcagh	665m	
Bailieborough	32km				
Shercock	35.5km				
Mullagh	38km				
Swanlinbar	39km				
Kingscourt	42km				
Blacklion	55km				

**#BEACTIVE**  
**RUN, HAVE FUN & LEARN**

Create your own Journey	

**1 Kilometre = 1,000 steps**

You can Run, Jog, Dance or Walk to accumulate your steps...Just keep stepping!

**1 metre = 1 Skip, Hop, Jumping Jack or Mountain Climber Exercise**

Keep going till you reach the top!



**Simply tick all the towns and hills you have explored in Cavan and help your school win some free fun activities!**